



# SANDWICHES AND WRAPS

## TURKEY JACK

roasted turkey, pepper jack cheese, leaf lettuce, pico de gallo, chipotle aioli, wheat tortilla

**\$8.95 | 700 CALS**

## SHRIMP BLT

seasoned shrimp, bacon, shredded lettuce, tomato, garlic aioli, avocado, french roll

**\$8.75 | 570 CALS**

## GUAC WRAP <sup>VG DF</sup>

house made guacamole, black beans, greens, bell peppers, cilantro vinaigrette, spinach tortilla

**\$8.00 | 480 CALS**

## FEATURED

### FARMERS GRILLED CHEESE <sup>V</sup>

garlic & herb goat cheese, baby spinach, tomato, marinated onions, roasted bell peppers, sourdough bread

**\$8.50 | 500 CALS**



**OFF TO THE RIGHT START**

### PESTO FLATBREAD

roasted chicken, nut free pesto, tomatoes, parmesan, arugula, naan bread

**\$8.75 | 520 CALS**

## POPULAR

### MALIBU

roasted chicken, applewood smoked bacon, avocado, cheddar cheese, greens, tomato, caramelized onion aioli, ciabatta roll

**\$8.95 | 800 CALS**

### MARK CUBANA

roasted chicken, applewood smoked bacon, black bean spread, avocado, chihuahua cheese, chipotle aioli, spinach tortilla

**\$8.95 | 920 CALS**

### ITALIAN GRINDER

ham, salami, pepperoni, provolone, lettuce, tomato, red onions, banana peppers, red wine vinaigrette, french roll

**\$8.95 | 920 CALS**

## SIDES

**ADD MEAT <sup>GF DF</sup>**  
\$2.00

**ADD BACON (2) <sup>GF DF</sup>**  
\$2.00

**ADD AVOCADO <sup>VG GF DF</sup>**  
\$1.25

**ADD CHEESE <sup>V GF</sup>**  
\$1.00

### BREAD SUBSTITUTE

for any sandwich, bread can be substituted with gluten-free (GF) bread.

**V-VEGETARIAN**

**VG-VEGAN**

**GF-GLUTEN FREE**

**DF-DAIRY FREE**

**CN-CONTAINS NUTS**



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.