



SANDWICHES & WRAPS

MALIBU

roasted chicken, applewood smoked bacon, avocado, cheddar cheese, greens, tomato, caramelized onion aioli, ciabatta

\$8.95 800 CALS

KALE CAESAR FLATBREAD

roasted chicken, chopped kale, parmesan cheese, caesar dressing, flatbread

\$8.75 580 CALS

ITALIAN GRINDER

ham, salami, pepperoni, provolone, lettuce, tomato, red onions, giardiniera, red wine vinaigrette, french roll

\$8.95 920 CALS

SHRIMP BLT

seasoned shrimp, bacon, shredded lettuce, tomato, garlic aioli, avocado, french roll

\$8.75 570 CALS

BEAN SCENE ^{VG}

roasted sweet potato, three bean relish, avocado, salsa roja, chopped romaine, spinach tortilla

\$8.25 520 CALS

MARK CUBANA

roasted chicken, applewood smoked bacon, black bean spread, avocado, chihuahua cheese, chipotle aioli, spinach tortilla

\$8.95 920 CALS

TURKEY JACK WRAP

roasted turkey, pepper jack cheese, leaf lettuce, pico de gallo, chipotle aioli, wheat tortilla

\$8.95 700 CALS

CLASSIC TURKEY

roasted turkey breast, white cheddar cheese, lettuce, tomato, 9 grain bread

\$7.50 470 CALS

CLASSIC HAM

black forest ham, white cheddar cheese, lettuce, tomato, pretzel roll

\$7.50 470 CALS

CLASSIC VEGGIE ^{VG}

house made hummus, tomato, cucumber, red onion, lettuce, spinach tortilla

\$7.50 440 CALS

FEATURED

BBQ FLATBREAD

roasted bbq chicken, mozzarella, arugula, red onions, flatbread

\$8.50 710 CALS



WRAP IT LIKE ITS HOT


spicy chicken salad, pepper jack cheese, lettuce, tomato, red onion, jalapeno tortilla


\$9.25 440 CALS

OPTIONS	ADD MEAT ^{GF DF}	BACON (2) ^{GF DF}	AVOCADO ^{VG GF DF}	CHEESE ^{V GF}
	\$2.00	\$2.00 130 CALS	\$1.25 60 CALS	\$1.00 110 CALS

BREAD SUBSTITUTE
for any sandwich, bread can be substituted with gluten-free bread

V-VEGETARIAN
VG-VEGAN
GF-GLUTEN FREE
DF-DAIRY FREE
CN-CONTAINS NUTS

 THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

 FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.