SANDWICHES & WRAPS

MALIBU
roasted chicken, applewood smoked bacon, avocado, cheddar cheese, greens, tomato, caramelized onion aioli, ciabatta
$8.95 800 CALS

ITALIAN GRINDER
ham, salami, pepperoni, provolone, lettuce, tomato, red onions, giardiniera, red wine vinaigrette, french roll
$8.95 920 CALS

BEAN SCENE VG
roasted sweet potato, three bean relish, avocado, salsa roja, chopped romaine, spinach tortilla
$8.25 520 CALS

AVO TUNA MELT
tuna salad, muenster cheese, arugula, tomato, avocado, sourdough
$8.75 690 CALS

TBA NEW
turkey, bacon, avocado, white cheddar, lettuce, tomato, garlic aioli, french roll
$8.95 650 CALS

MARK CUBANA
roasted chicken, applewood smoked bacon, black bean spread, avocado, chihuahua cheese, chipotle aioli, spinach tortilla
$8.95 920 CALS

TURKEY JACK WRAP
roasted turkey, pepper jack cheese, leaf lettuce, pico de gallo, chipotle aioli, wheat tortilla
$8.95 700 CALS

CLASSIC TURKEY
roasted turkey breast, white cheddar cheese, lettuce, tomato, 9 grain bread
$7.50 470 CALS

CLASSIC HAM
black forest ham, white cheddar cheese, lettuce, tomato, pretzel roll
$7.50 470 CALS

CLASSIC VEGGIE VG
house made hummus, tomato, cucumber, red onion, lettuce, spinach tortilla
$7.50 440 CALS

FEATURED

THAT'S A SPICY MEATBALL
spicy marinara, beef meatballs, mozzarella, giardinera, toasted garlic french bread
$9.00 470 CALS

OFF TO THE RIGHT START

BUSHEL BUNCH CHICKEN SALAD GF CN
chicken salad with greek yogurt, granny smith apples, grapes, walnuts, romaine lettuce cups
$8.00 360 CALS

OPTIONS

ADD MEAT GF DF
$2.00

BACON (2) GF DF
$2.00 130 CALS

AVOCADO VG GF DF
$1.25 60 CALS

CHEESE V GF
$1.00 110 CALS

BREAD SUBSTITUTE
for any sandwich, bread can be substituted with gluten-free bread

V-VEGETARIAN VG-VEGAN GF-GLUTEN FREE DF-DAIRY FREE CN-CONTAINS NUTS

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.